

BERNAT® TWISTED KNIT HEADBAND



MATERIALS

Bernat® Velvet™ (10.5 oz/300 g; 315 yds/288 m)
Indigo Velvet (32007) **1 ball**

Size U.S. 8 (5 mm) knitting needles **or size needed to obtain gauge.**



KNIT | SKILL LEVEL: **BEGINNER**

ABBREVIATIONS

Approx = Approximately

Beg = Begin(ning)

K = Knit

P = Purl

Pat = Pattern

Rep = Repeat

St(s) = Stitch(es)

Tog = Together

SIZE

One size to fit Adult. Approx 6"
[15 cm] wide.

GAUGE

13 sts and 20 rows = 4" [10 cm] in
pattern (pat).

INSTRUCTIONS

Cast on 39 stitches (sts).

1st row: Knit 1 (K1). *Purl 1 (P1).
K1. Repeat (rep) from * to end of
row.

Rep last row for Seed St pattern
(pat) until work from beginning
(beg) measures 21" [53.5 cm].
Cast off.

Fold Headband in half lengthwise.
Sew edges together (tog) to
make a long tube. Twist one end
of Headband 180 degrees. Sew
ends of Headband tog.

